



Snowsports Stage 1 Activity Badge

You can meet most of these requirements without leaving the warmth of your meeting place. It's great to do them as part of a practical activity (on either a natural or artificial slope) if you can, though.

Please take this piece of paper to your instructor and ask them to sign the bottom form.

How to earn your badge

How to earn your badge:

1. Identify different types of snowsports.
2. Name three places you could safely take part in snowsport activities.
3. Take part in a warm-up activity to prepare you for a snowsport activity such as skiing or snowboarding.

This should be an appropriate warm-up for your upper, middle and lower body.

4. Dress properly for your chosen activity.

Show you know the importance of helmets and how to put one on correctly.

5. Take part in a taster session that covers:
 - a. Naming equipment used.
 - b. How to get in and out of your skis or snowboard.
 - c. Balancing on your skis or snowboard.
 - d. Moving around on your skis or snowboard including:
 - Moving in a straight line
 - Controlling your speed
 - Stopping

On behalf of 1st Locks Heath Scouts, please could you fill out the form below to help the young person presenting it to gain their badge.

Many Thanks

I hereby certify that _____ has carried out the requirements of the Scout Association's Snowsports stage 1 badge (as detailed above) In my presence.

Chosen Snowsport: _____

Signed: _____ **Date:** _____

Print: _____

Capacity: _____ **(e.g., Teacher, Leader etc.)**

Body or Organisation: _____

_____ **(e.g., School, Club etc.)**