



Sailing Stage 3 Activity Badge

Before you attempt Stage 3, you need to have completed all the steps for Sailing Stage 2.

Please take this piece of paper to your instructor and ask them to sign the bottom form.

How to earn your badge

Choose one of the following options:

1. Complete the following badge requirements:

If you're using a keelboat, you don't have to complete steps 1-3.

- a. Prepare, launch and recover your boat in an onshore wind.
- b. Show the correct way to store your boat ashore.
- c. Show you can right a capsized dinghy as helm or crew.
- d. Show you know how to recover a man overboard.
- e. Demonstrate ability in the following:
Sail setting, Balance, Trim, Course made good, Centreboard, Taking upwind, Gybing from a training run, Coming alongside a moored boat, Picking up a mooring
- f. Learn how a sail works and its basic aerodynamics.
- g. When sailing, show you can understand and use basic terminology, such as windward, leeward, and bear away.

2. Gain a Personal Activity Permit for Dinghy Sailing.

Find out more about the [Adventurous Activity Permit Scheme](#).

3. Complete the RYA Youth Sailing Scheme Stage 3.

More details about this scheme can be found on the [RYA website](#).

On behalf of 1st Locks Heath Scouts, please could you fill out the form below to help the young person presenting it to gain their badge.

Many thanks

I hereby certify that _____ has carried out the requirements of the Scout Association's Sailing Stage 3 badge (as detailed above) In my presence.

Signed: _____

Date: _____

Print: _____

Capacity: _____ (e.g., Teacher, Leader etc.)

Body or Organisation: _____

_____ (e.g., School, Club etc.)