



**Before you attempt Stage 3, you need to have completed all the steps for Paddle Sports Stage 2.**

**Please take this piece of paper to your instructor and ask them to sign the bottom form.**

### How to earn your badge

Choose one of the following options:

1. Complete the following badge requirements, using a different vessel to Stage 2:
  - a. With help, show more than one safe method for lifting and carrying your vessel.
  - b. Demonstrate two different ways of safely launching your vessel.
  - c. Show you can get in and out/on or off of your vessel without help.
  - d. Show you can steer around a figure of eight course.
  - e. Paddle forwards and backwards in a straight line, keeping good posture.
  - f. Show you can stop the vessel safely when it's moving back and forth.
  - g. Capsize, swim to the shore and empty the boat of water if necessary.
  - h. Assist someone else back into their vessel following a capsize.
  
2. Gain the British Canoeing Paddle Explore Award.

More details about this award can be found on the [British Canoe website](#).

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**On behalf of 1<sup>st</sup> Locks Heath Scouts, please could you fill out the form below to help the young person presenting it to gain their badge.**

**Many thanks**

**I hereby certify that \_\_\_\_\_ has carried out the requirements of the Scout Association's Paddle Sports Stage 3 badge (as detailed above) In my presence.**

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Print:** \_\_\_\_\_

**Capacity:** \_\_\_\_\_ **(e.g., Teacher, Leader etc.)**

**Body or Organisation:** \_\_\_\_\_

\_\_\_\_\_ **(e.g., School, Club etc.)**